1. **Current and 7-day forecast**
   
   http://marine.weather.gov/MapClick.php?lon=-73.48495987705671&lat=41.04532091760987
   
   (Long Island Sound West of New Haven/Port Jefferson)

2. **Coastal waters forecast**
   
   ftp://tgftp.nws.noaa.gov/data/raw/fz/fzus51.kokx.cwf.okx.txt
   
   https://www.weather.gov/marine/okxmz
   
   (Coastal Marine Zone Forecasts by the New York, NY Forecast Office)

3. **Graphical forecast**
   
   graphical.weather.gov/sectors/okxMarineDay.php

4. **Marine Forecasts and Products**
   
   https://www.weather.gov/marine/forecast